Bletchingley Circuit

Course: Start outside HQ on A25. Proceed along A25 to turn left at Coopers Hill Road (Crown Inn on corner) (M) and continue to junction with Norman's Road (M). Turn Left and continue to Scotts Hill to start of lap just before the junction with Grayhouse Lane. Continue via Outwood Mill to junction of A25 (M). Turn left to complete circuit and continue via Coopers Hill Road to junction with Norman's Road where left to lapboard at top of Scotts Hill. Complete 7 further laps. Race distance **8 2/3** laps approx 142Km.

www.norwoodparagon.co.uk

Norwood Paragon Cycling Club

(Founded 1904)

present

The Les Ingman Memorial Road Race

Prizes generously donated by Maureen Ingman and members of the Norwood Paragon CC

Les Ingman
National Hill Climb Champion 1954 & 1956

23rd April 2017

To be held under the Technical Regulations of British Cycling

www.norwoodparagon.co.uk

Prizes

1st	£175 and winner holds the Les Ingman Shield for 1 year		
2nd	£100	7th	£50
3rd	£90	8th	£40
4th	£80	9th	£30
5th	£70	10th	£25
6th	£60		

Best placed Under 23 rider £25

Prizes will be presented after the event by the club's President Andy Murray
Please ensure you are there to collect your prize

Event HQ: Bletchingley Village Hall, High Street, Bletchingley

Rider's Briefing: 10:45am in HQ

Start: 11:00 am line-up outside HQ

Finish: Scotts Hill, before junction with Grayhouse Lane

Race Dist: 8 2/3 laps of the Bletchingley circuit, approx. 140Km

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Notes

- Signing on commences at 9.30am, max field 80 riders. Riders **NOT** signed on by 10.40am will have their place allocated to a reserve.
- Accredited Marshals will be deployed for this event
- Neutral service will be provided, so please bring spare wheels
- Feeding should be at Outwood Common (near windmill)
- Officials' cars plus team cars at Chief Commissaires' discretion
- **Junior gear restrictions will apply and gears will be checked**

Officials

Chief Commissaire: Phil Jemmison **Commissaire 2:** John Heaton
Commissaire Mentor: Ian Terry **Moto Commissaire:** Graham Wicks

Chief Judge: Duncan Murdoch

Motor Cycle: Members of the National Escort Group

Red Flag Marshals & Drivers: Members of the Norwood Paragon CC

Accredited Marshals: BC South East Region

Organiser: Jon Masters
20 Weald Way
Caterham
Surrey CR3 6EG
Mobile: 07973 859703 **Email:** jonmasters@gmail.com

Past Winners

1992	Paul Rogers	1993	Andy Lyons
1994	Mike Coyle	1995	Joe Bayfield
1996	Gary Baker	1997	Joe Bayfiled
1998	Gary Baker	1999	No Race
2000	Steve Dring	2001	Danny Axford
2002	Gary Baker	2003	Tim Dunford
2004	Robin Sharman	2005	Martin Smith
2006	Malcolm Elliott	2007	Daniel Lloyd
2008	Paul Delahunty	2009	Steve Calland
2010	Roy Chamberlain	2011	Allan Ridler
2012	Matt Higgins	2013	Alex Peters
2014	Rob McCarthy	2015	Chris Opie
2016	Rory Townsend		