



14 November - Track Session: A track training session has been arranged at the Newport velodrome. The session starts at 12pm and lasts for 3 hours. Cost is likely to be between £20 - £30, including bike hire. The event proved very popular last and this year doesn't clash with the club dinner. To have a taste of track riding, reserve your place *contact James Stuart*

22 November - Committee Meeting: To be held at 20.00, St Andrews Church Hall, Coulsdon. *Contact Peter Ansell,*



12 December - Downhill Championship and Christmas Lunch The championship takes place on the traditional Tilburstow Hill, Godstone starting at 11.00 am. This is followed by the lunch at the Inn on the Pond, Nutfield Marsh Road, Nutfield, Surrey RH1 4EU. Further details will be published on the club's web site.
Contact Simon Richardson



13 December - Committee Meeting: To be held at 20.00, St Andrews Church Hall, Coulsdon. *Contact Peter Ansell,*

10 January - Annual General Meeting To be held at 20.00, St Andrews Church Hall, Coulsdon. *Contact Peter Ansell,*



Reminder

2009/10 Annual Subscription: Subs were due on the 1st November 2009 and there are still a few members who have not yet paid despite a written reminder.

Senior First and Second Claim - £20.00 Social - £10.00
Juvenile / Junior £5.00

Cheques made payable to: Norwood Paragon CC

Send to: **John Pocock,**



2010/11 Annual Subscription: These are due on the 1st November, so why not make John's job easier by sending him next year's subs now.

What's Parag On



Edited and published
by Peter Ansell

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Annual Dinner and Prize Presentation

6.30 for 7.00 pm 30th October

*Woodcote Park Golf Club.
Meadow Hill, Coulsdon, Surrey CR5 2QQ*



Season to date in Brief

Early season success has continued with wins at levels and across all disciplines. This has been reflected in category promotion for James Stuart to 1st; Paul McGuigan, Dan Sullivan, Chris Holmes, Simon Coles to 2nd; Mike Cownley and Austyn Tyler to 3rd.

Competition for the various road race trophies has been close this year and some of the categories will go down to the last week.

Not to be out done our mountain bikers have had their fair share of success with a Veteran team win and 9th place for the Mixed team in the Mountain Mayhem 24 Hr endurance race. They have also had many excellent placings in various categories in other events.

Club events have also been well supported with some 90 rides in the Evening Time Trial series which was won by Andy Davies. The Circuit TT championship was won by Paul McGuigan. The club team also trounced the Addiscombe CC by nearly 9 minutes in the Inter-club 10, placing 7 riders in the top 8. Dan Sullivan won the Club Hill Climb with a club best time for the short Ranmore Common course.

Jon Masters produced a sterling ride in the SCCU 100 to record a time of 4h 13m 32s and take the Goss Green Trophy. He also won the Short Distance TT Championship. Angus MacAlister has been setting some very good short distance TT times and broke the Richmond Park Prologue TT course and event record.

Now starts a busy social and not so serious off season.

Club Business

Wanted - Blah Editor and SCRL Handicap Road Race Organiser

After 4 years Stephen has decided to step down as editor of Blah. Likewise after 3 years Nigel is stepping as organiser of the SCRL Handicap RR. Anybody interested in either job please *contact Peter Ansell*

Club Clothing

A third order for shorts and jerseys has been placed. The order also included long sleeve jerseys, gilets, winter tops and tights. Unfortunately I only received one order for a skinsuit therefore it couldn't be included this time. Skinsuits can be ordered at a later date if there is sufficient interest.

Mike Hawkins is still looking for an alternative supplier of socks. A request for overshoes and gloves has been received and a supplier will be found at subject to sufficient demand. *Contact Peter Ansell*

Polo Shirts Following a request from members the club placed an order for polo shirts, these have now arrived and cost £10.00. All sizes are currently in stock.

Contact John Pocock to obtain your shirt

New Members:

The club welcomes senior member Justin Gott,

Resignation: William Dodd

Change of Address:

Natalie Lejeune,

Phill Burgess has moved back to Australia but can still be contacted via his old email address.

Change of email address

Ian Murray -

Colin Gray -

What's On

9 / 10 October – Walking Weekend: The now traditional weekend away on foot is based at Eype's Mouth, Bridport, Dorset. A number of members are travelling on the Friday and staying for 3 nights. For further details about accommodation and the weekend *Contact: John Pocock*



15 October - Curry Night To mark the end of the racing season a curry night has been arranged for 8.00pm at the Khyber Restaurant, High Street, Croydon. To reserve a place *Contact Simon Richardson or Marcus Brueton*



Darts: The dart match schedule is not available at this time but the first matches are imminent. All are welcome to come and have a go. Home matches were played at the King & Queen PH Caterham on the Hill last year although this may change for the current season. See the club's website for further details: *Contact Marcus Brueton*



17 October - Closing date for trophies The Club Dinner is earlier than normal and as a consequence the closing date for points counting towards club trophies is 17 October.



17 October - Off Road Championship The first round of the Gorrick Autumn Series has been nominated for this year's championship. You will need to enter the Open category in advance and **in the name of the club** to be included in the club championship. *Contact Steve Watkins*

25 October - Committee Meeting: To be held at 20.00, St Andrews Church Hall, Coulsdon. *Contact Peter Ansell,*



30 October - Dinner & Prize Presentation: Venue booked. Menu sorted. All that's needed is your company to celebrate club champions, trophy winners and the year's achievements by our riders.



Club President Alan Bristow is in the chair with the evening starting at 6.30pm for 7.00pm at Woodcote Park Golf Club, Meadow Hill, Coulsdon, Surrey CR5 2QQ. Cost of tickets £30.00. A WPGC location map is on the club's website. To book a place for you, partner, girlfriend or friends *Contact Simon Richardson*



31 October - Inter-club Map Reading Competition: It's the Century's turn to promote this year's event which is based at Stanstead Mount Fitchet and is north of Bishops Stortford (M11 J8a). See the club's website for further details. *Contact Keith Butler*

November - SCRL AGM: The club riders have done exceptionally well this year in SCRL events. James Stuart is currently the League's leading points scorer and the club is top of the points rankings. No date has been set for the AGM but keep an eye on the club's website for more details.



6 November - Social MTB Ride: Steve Watkins is organising a sociable MTB ride starting from his place in Lower Kingswood at 9.30 for 10.00. The ride will start with a hot drink and maybe a bacon sandwich and will go out via Boxhill. The ride should last about 3 hours and finish with a pub stop. *Contact Steve Watkins*